


# Creating Art at the Speed of Life: 30 Days of Mixed-Media Exploration

*By Pam Carriker*

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**Creating Art at the Speed of Life: 30 Days of Mixed-Media Exploration** By Pam Carriker

In this inspirational volume, artist and author Pam Carriker offers uninhibited mixed-media play while encouraging you to look at your work with a newly evaluative eye and determine what works for you. Create your own art journal while using a variety of mixed-media techniques and explore seven important elements of art:

- Color
- Texture
- Shape
- Space
- Depth
- Mark making
- And shading

An art-making workshop in a book, *Creating Art at the Speed of Life* offers a 30-day syllabus, introducing and exploring each element in a series of exercises, complete with worksheets to help you evaluate your work and make it more successful and satisfying.

In an "open studio" at the end of each chapter, well-known contributing artists share inspirational work focused on that chapter's element. With Pam's lessons and advice on how to assess your artwork, you will experiment and grow into a more confident artist.

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## Editorial Review

Review

"Even from the outset, this book captures the reader's attention. Rather than ruminating on how to be inspired, it launches straight into a short tutorial on how to make a simple but effective journal of your own using watercolour paper and adhesive canvas paper. It is to the point and perfect for warding off procrastination about how to get started. I found this part of the book made such sense that I made one immediately. It took me a couple of minutes tearing, folding, sticking and I was there. You start with something so simple you can't talk yourself out of it and then you have the perfect canvas to start looking at each lesson." --*Workshop on the Web*

About the Author

**Pam Carriker** has created art with a variety of media for more than 20 years. She has been featured in several leading mixed-media magazines and currently teaches a successful online workshop series. Her first book, *Art at the Speed of Life*, was released last year.

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