

Pumping Iron: The Art and Sport of Bodybuilding

By Charles Gaines, George Butler

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"Who are they and why do they do it?--these men who dedicate themselves to building bodies like Hellenistic statues; who crisscross the world competing for titles as grandiose yet as publicly uncelebrated (Mr. America, Mr. Universe, Mr. Olympia) as their gargantuan physique; whose daily lives are as rigidly defined and regulated by their obsession to mold the ideal body...only their fellow muscle men know who they are and know the price they have paid to win their incredible bodies. Novelist Charles Gaines and photographer George Butler have spent the last two years trying to capture the essence of this strange, joyful, exotic world." - from back cover

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