

Journey to the Dark Goddess: How to Return to Your Soul

By Jane Meredith

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Journey to the Dark Goddess: How to Return to Your Soul By Jane Meredith

Journey to the Dark Goddess will lead you on a powerful, healing path. In the stories of ancient Goddesses you will hear your own soul, calling out to you. The Dark Goddess is the creatrix of healing, change and renewal. She offers connection with the core of yourself. If you have been unable to shake off depression, or fear its return; if you have inexplicable 'blank patches' in your life, if you know that something is missing, or something is calling to you, if you seek the source of women's power – it's time to journey to the Dark Goddess. The for this journey to the Dark Goddess exists in ancient myth. Weaving the stories of Inanna, Persephone and Psyche with self-enquiry and sacred ritual we learn to journey internally, creating maps in our darkest places and return enriched, integrating our deepest understandings. Meeting the Dark Goddess we see a mirror of our own soul.

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Editorial Review

Review
Five thousand years ago, Inanna, the Queen of Heaven and Earth, dares to journey to meet Ereshkigal, the Queen of the Underworld. Jane Meredith wisely guides us today on this crucial, mysterious and challenging journey (the descent and the ascent) that every one of us must take as part of our initiation into becoming human. The reward is to know our selves and so, to be able to care for others. This is a wise, wonderful and inspiring book. Thank you, Jane. (Diane Wolkstein, Author, Inanna: Queen of Heaven and Earth: Her Stories and Hymns from Sumer) Like others before her, Meredith challenges the reader to face the darkness within themselves and within nature more broadly. That her challenge is so comprehensive makes this a book worth reading. (Emma Restall Orr, Author of Kissing the Hag)

About the Author
Jane Meredith is passionately involved in ritual, mythology and evocation of the divine feminine. She holds workshops worldwide and is the author of Aphrodite's Magic. Her website is: www.janemeredith.com

Users Review

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Kathryn Glover:

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