

Water Crystal Healing: Music and Images to Restore Your Well-Being

By Masaru Emoto

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For centuries, people have turned to classical music for its calming and relaxing effects. Internationally acclaimed water researcher Dr. Masaru Emoto has discovered why certain music has healing benefits: Music with the appropriate rhythm, tempo, tone, and melody can correct distorted frequencies within our cells, assisting our health and healing.

Here, you can enjoy Dr. Emoto's captivating water-crystal photographs and text in this unique collection. The possible benefits you may experience include decreased joint and back pain; improved function of the nervous, circulatory, lymphatic, and immune systems; and the release of negative emotions such as anxiety, self-pity, and depression. The combination of images and words in *Water Crystal Healing* concentrates consciousness as never before, providing a unique experience for healing.

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Editorial Review

Review
"Dr. Emoto leads us into the next generation of natural healing. The future of medicine is here. It is not a chemical and cannot be swallowed. Optimal well-being literally comes from good vibrations. Strengthen your spirit and dissolve dis-ease through the healing embrace created from the sight and sound of this select assemblage of classical music."
-- Marcus Laux, N.D., editor of *Naturally Well Today*

"Masaru Emoto's pioneering work demonstrating the effects of vibration and consciousness upon water is both profoundly inspiring and globally significant. *Water Crystal Healing* shows the effects of specific music upon water and gives us the opportunity to listen to this music ourselves. The water crystals are extraordinary to view and the music is beautiful to hear. This book and the accompanying CDs are a magnificent addition to anyone's collection,Ðespecially those interested in the healing nature of music."
-- Jonathan Goldman, author of *Healing Sounds*

"Masaru Emoto evokes our minds with curiosity, awakens our spirits with great music, and inspires that ever-present quest for harmony in our lives. *Water Crystal Healing* provides a beautiful assortment of music and images that allows us to enter the great flow of resonance and health."
-- Don Campbell, musician and author of *The Harmony of Health* and *The Mozart Effect*

"I have worked with Dr. Emoto for more than a decade, developing and producing healing music that soothes the mind and body and awakens the spirit. With compositions by Tchaikovsky, Debussy, Wagner, Strauss, and other masters, this compilation carries the listener through classical landscapes that feed the soul."
-- Alan Roubik, Roubik Records, Inc.

About the Author
Masaru Emoto is an internationally renowned Japanese researcher who has gained worldwide acclaim. Emoto is a graduate of the Yokohama Municipal University's department of humanities and sciences with a focus on International Relations, and he receive certification as a Doctor of Alternative Medicine from the Open International University.

Emoto's research has visually captured the structure of water at the moment of freezing, and through high-speed photography he has shown the direct consequences of destructive thoughts and the thoughts of love and appreciation of the formation of water crystals. The revelation that our thoughts can influence water has profound implications for our health and the well-being of the planet.

Masaru Emoto has written many books, including the *New York Times* bestselling *The Hidden Messages in Water*, and his books have been published in twenty-four languages.

Users Review

From reader reviews:

Charles Davis:

The book Water Crystal Healing: Music and Images to Restore Your Well-Being can give more knowledge and also the precise product information about everything you want. Why then must we leave the great thing like a book Water Crystal Healing: Music and Images to Restore Your Well-Being? A number of you have a different opinion about guide. But one aim in which book can give many information for us. It is absolutely suitable. Right now, try to closer using your book. Knowledge or facts that you take for that, it is possible to give for each other; it is possible to share all of these. Book Water Crystal Healing: Music and Images to Restore Your Well-Being has simple shape however, you know: it has great and massive function for you. You can appear the enormous world by wide open and read a publication. So it is very wonderful.

Patricia Howard:

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Mary Buss:

Reading a publication tends to be new life style with this era globalization. With reading through you can get a lot of information which will give you benefit in your life. Along with book everyone in this world could share their idea. Books can also inspire a lot of people. A great deal of author can inspire their very own reader with their story or maybe their experience. Not only the storyline that share in the textbooks. But also they write about the knowledge about something that you need example. How to get the good score toefl, or how to teach your young ones, there are many kinds of book that you can get now. The authors on this planet always try to improve their skill in writing, they also doing some exploration before they write to the book. One of them is this Water Crystal Healing: Music and Images to Restore Your Well-Being.

Kenneth Armstrong:

A lot of people always spent their particular free time to vacation as well as go to the outside with them friends and family or their friend. Did you know? Many a lot of people spent they will free time just watching TV, or perhaps playing video games all day long. If you need to try to find a new activity honestly, that is look different you can read some sort of book. It is really fun for you personally. If you enjoy the book which you read you can spent the whole day to reading a guide. The book Water Crystal Healing: Music and Images to Restore Your Well-Being it is quite good to read. There are a lot of individuals who recommended this book. They were enjoying reading this book. If you did not have enough space to develop this book you can buy the actual e-book. You can m0ore simply to read this book through your smart phone. The price is not to fund but this book has high quality.

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