

45 Pounds (More or Less)

By Kelly Barson

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45 Pounds (More or Less) By Kelly Barson

Here are the numbers of Ann Galardi's life:

She is **16**.
And a size **17**.
Her perfect mother is a size **6**.
Her Aunt Jackie is getting married in **2** months, and wants Ann to be a bridesmaid.
So Ann makes up her mind: Time to lose **45** pounds (more or less).

Welcome to the world of informercial diet plans, wedding dance lessons, endless run-ins with the cutest guy Ann's ever seen—and some surprises about her *not*-so-perfect mother.

And there's one more thing—it's all about feeling comfortable in your own skin—no matter how you add it up!

K.A. Barson's sparkling debut is "deliciously relatable, with a lot of laughter on the side." -- Rita Williams-Garcia, *New York Times* best-selling author

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