

Multicultural Counseling and Psychotherapy: A Lifespan Approach (5th Edition) (Merrill Counseling (Paperback))

By Leroy G. Baruth, M. Lee Manning

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Multicultural Counseling and Psychotherapy: A Lifespan Approach (5th Edition) (Merrill Counseling (Paperback)) By Leroy G. Baruth, M. Lee Manning

A unique approach to counseling and psychotherapy that takes both cultural diversity and lifespan stages into consideration.

This distinctive book on counseling and psychotherapy takes the unique stance that understanding cultural backgrounds as well as life stages will give counselors the information and knowledge they need to best serve their clients. In addition to exploring the lives and experiences of African American, Hispanic American, Asian American, European American, and American Indian populations, this text also considers the other powerful influences on clients' lives, such as sexuality, gender, socioeconomic class, disabilities, and religion. Finally, the text examines professional issues in multicultural counseling as well as current research and trends. The book has several key features designed to help students learn, including case studies, development and counseling features, all new suggested readings, and new sections on spiritualism and disabilities. At the same time, alignment with CACREP standards and a discussion of ACA's 2005 Ethical Standards are included in the text.

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Editorial Review

From the Back Cover

This unique counseling and psychotherapy text focuses on what stage clients are in their development and how their cultural background, race, sexuality, gender, class, or spirituality have influenced their lives. Focusing on the unique challenges faced by African American, Hispanic American, Asian American, European American, and American Indian populations, this book's distinctive lifespan approach ensures that students will learn to be culturally effective counselors. In addition to teaching readers how to best understand and counsel culturally diverse clients, this book also covers multicultural human growth and development and professional issues and future directions in the multicultural counseling field.

New to this edition:

- **Case studies and accompanying reflection questions** give students the opportunity to read about real-world cases and answer insightful questions designed to stimulate student thought.
- **Counseling and development features** examine specific development characteristics and offer students detailed and proven counseling strategies.
- **Alignment with CACREP standards** helps both students and instructors see how the book's material reflects these standards.
- **Inclusion of ACA 2005 Ethical Standards** allow students to learn ACA Ethical Standards, both through highlights and through online resources.
- **New material on spiritualism and disabilities** introduce students to two more significant influences in clients' lives that can lead readers to be more effective counselors.
- **All new suggested readings** give students and access to the most current research and scholarly opinions in the field.
- **A new emphasis on socioeconomic conditions**, including information from the US Census Bureau, allow students to see the effects of socioeconomic conditions on each of the five cultural groups.

Users Review

From reader reviews:

Nathan Jackson:

The book Multicultural Counseling and Psychotherapy: A Lifespan Approach (5th Edition) (Merrill Counseling (Paperback)) give you a sense of feeling enjoy for your spare time. You need to use to make your capable much more increase. Book can to become your best friend when you getting stress or having big problem along with your subject. If you can make studying a book Multicultural Counseling and Psychotherapy: A Lifespan Approach (5th Edition) (Merrill Counseling (Paperback)) to become your habit, you can get considerably more advantages, like add your current capable, increase your knowledge about many or all subjects. You are able to know everything if you like wide open and read a publication Multicultural Counseling and Psychotherapy: A Lifespan Approach (5th Edition) (Merrill Counseling (Paperback)). Kinds of book are several. It means that, science reserve or encyclopedia or other individuals. So , how do you think about this guide?

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