

Race, Culture and Psychotherapy: Critical Perspectives in Multicultural Practice

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What is multicultural psychotherapy?

How do we integrate issues of gender, class and sexual orientation in multicultural psychotherapy?

Race, Culture and Psychotherapy provides a thorough critical examination of contemporary multiculturalism and culturalism, including discussion of the full range of issues, debates and controversies that are emerging in the field of multicultural psychotherapy.

Beginning with a general critique of race, culture and ethnicity, the book explores issues such as the notion of interiority and exteriority in psychotherapy, racism in the clinical room, race and countertransference conflicts, spirituality and traditional healing issues. Contributors from the United States, Britain and Canada draw on their professional experience to provide comprehensive and balanced coverage of the following subjects:

- critical perspectives in race and culture in psychotherapy
- governing race in the transference
- racism, ethnicity and countertransference
- intersecting gender, race, class and sexual orientation
- spirituality, cultural healing and psychotherapy
- future directions

Race, Culture and Psychotherapy will be of interest not only to practicing psychotherapists, but also to students and researchers in the field of mental health and anyone interested in gaining a better understanding of psychotherapy in a multicultural society.

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Editorial Review

Review
"Race, Culture and Psychotherapy is a thought-provoking book that will be of interest to practicing counsellors and psychotherapists as well as students and researchers in the field of mental health and anyone interested in gaining a better understanding of psychotherapy in a multicultural society." **- Fevronia Christodoulidi, Manchester University, UK, from British Journal of Guidance and Counselling 35(2) May 2007**

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