

Show Me How to Survive (Outdoor Life): The Handbook for the Modern Hero

By Joseph Pred

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Show Me How to Survive (Outdoor Life): The Handbook for the Modern Hero By Joseph Pred

Stave off hyena attacks, light a fire with chocolate, and outride an avalanche with *How to Survive: The Handbook for the Modern Hero*. This entirely illustrated step-by-step guide teaches readers the ins and outs of survival, from life-saving first aid to extreme wilderness-conquering tactics.

Outdoors enthusiasts and safety gurus alike need look no further than *How to Survive*—a practical hands-on guidebook that will help you conquer any situation with cheeky humor and simplified instructions, including tutorials on how to:
- Survive a shipwreck
- Spot and treat a concussion
- Prepare for social collapse
- Catch backyard game
- Navigate out of a swamp
- Use a fire plank
- Drive on black ice
- Catch a fish bare-handed
- Fill sandbags correctly
- Wrap a sling
- Spike an assailant

Presented in the bold new visual style of the award-winning Show Me How series, drawing on the best of information technology and graphic-novel communication, this is an innovative reference book that can and will be enjoyed as a work of art and as a quirky, thoughtful gift.
From basic first aid to battling wild animals, 175 things every modern-day survivor needs to know--one step at a time. Packed with useful hands-on tutorials, *How to Survive* is a real-life resource that can turn anyone into an expert in any situation.

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Editorial Review

About the Author
Joseph Pred (San Francisco, CA) is a trained EMT, firefighter, and disaster-management specialist whose expertise also encompasses public health, outdoor survival, and firearms safety. He is the head of all public safety and emergency services for the annual Burning Man festival, an ongoing experiment in outdoor survival.

Outdoor Life magazine draws upon over 100 years of the magazine's authority in all things outdoorsman—plus author Joseph Pred's extensive knowledge in emergency response and first aid. *Outdoor Life* provides monthly articles on hunting and fishing, wilderness savvy, and guns and gear to a readership of 800,000.

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