

Sink Reflections: Overwhelmed? Disorganized? Living in Chaos? Discover the Secrets That Have Changed the Lives of More Than Half a Million Families...

By Marla Cilley

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Fly Out of CHAOS
(Can't Have Anyone Over Syndrome)
Into Order—One BabyStep at a Time

With her special blend of housecleaning tips, humor, and musings about daily life, Marla Cilley, a.k.a. The FlyLady, shows you how to manage clutter and chaos and get your home—and your life—in order. Drawn from the lessons and tools used in her popular mentoring program, the FlyLady system helps you create doable housekeeping routines and break down overwhelming chores into manageable missions that will restore peace to your home—and your psyche. Soon you'll be able to greet guests without fear, find your keys, locate your kids, and, most of all, learn how to FLY: Finally Love Yourself.

From the Trade Paperback edition.

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Editorial Review

From Publishers Weekly
In her debut book, Cilley, a.k.a. "The FlyLady" to the thousands who log onto her FlyLady.net Web site, reaches into the everywoman's home to help make her housecleaning more fun and her life more organized. Beginning with "Shiny Sink 101," Cilley explains how a spotless kitchen sink can direct even the most discouraged housekeeper onto the path of well-ordered domesticity. Through several straightforward routines, including the 27 Fling Boogie (the cut-throat practice of quick junk disposal), the Five-Minute Room Rescue ("another step on the road to clutter recovery") and the Hot Spot Fire Drill (for an area that, like a forest fire, takes over your home), Cilley advises her "FlyBabies" on how to overcome clutter and CHAOS (Can't Have Anyone Over Syndrome). Filled with testimonials from online followers, the book aims to help readers establish manageable daily and weekly habits by incorporating spirituality and family into the program. Detailed and direct, this is a guidebook for the stay-at-home or working woman who wants to have it all, including her sanity.
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Review

“Take off with FlyLady! Her down-to-earth writing will help anyone who desires to be lifted free from the chaos and confusion disorder causes.” —Pam Young and Peggy Jones, coauthors, *Sidetracked Home Executives: From Pigpen to Paradise*

“FlyLady is the fairy godmother who turned my dungeon into a castle, my Royal Pain into Prince Charming, and my grief into grins. And it all started with shining my sink!” —Melanie Wilson, Ph.D., media psychologist, author, speaker

“Chatty and personal.” —*Chicago Tribune*

“Easy to read and chock-full of helpful ideas for the disorganized.”—Dear Abby syndicated column

"Cilley's humor and good advice will have even the busiest people waking up to a cleaner house in no time."—*Sacramento Bee*

From the Trade Paperback edition.

From the Inside Flap
Fly Out of CHAOS
(Can't Have Anyone Over Syndrome)
Into Order--One BabyStep at a Time

With her special blend of housecleaning tips, humor, and musings about daily life, Marla Cilley, a.k.a. The FlyLady, shows you how to manage clutter and chaos and get your home--and your life--in order. Drawn from the lessons and tools used in her popular mentoring program, FlyLady helps you create doable housekeeping routines and break down overwhelming chores into manageable missions that will restore

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Users Review

From reader reviews:

Charles Anthony:

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Henrietta Roderick:

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Melvin Smith:

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