

The Thomas Keating Reader: Selected Writings from the *Contemplative Outreach* Newsletter

By Thomas Keating

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For a quarter of a century, Trappist monk Fr. Thomas Keating has been contributing articles on Centering Prayer?the contemporary manifestation of the ancient Christian contemplative tradition?to the newsletter of Contemplative Outreach, the organization that he helped establish to promote this tradition.

The Thomas Keating Reader gathers for the first time thirty of those articles (some never published elsewhere) to offer a valuable overview of some of the main strands of Fr. Thomas' thinking and practice on Centering Prayer, *Lectio Divina*, and interreligious dialogue. Rich with insight and humanity, *The Thomas Keating Reader* offers a broad introduction to the concepts that have animated Contemplative Outreach and reveals the gifts and challenges of the practice of the spiritual life.

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Editorial Review

About the Author
Thomas Keating is a founding member and the spiritual guide of Contemplative Outreach. He has served on Contemplative Outreach's Board of Trustees since the organization's beginning and is currently serving as the Chairman of the Board. Fr. Keating is one of the principal architects and teachers of the Christian contemplative prayer movement. He is the author of many books, including Open Mind, Open Heart; Fruits and Gifts of the Spirit; Manifesting God; and Invitation to Love. He lives at St. Benedict’s Monastery, Snowmass, Colorado.

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