

100+ Sniper Exercises

By Eduardo Abril de Fontcuberta

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100+ Sniper Exercises By Eduardo Abril de Fontcuberta

A professional sniper needs to accomplish three things to do his job: be predictable, repeatable, and precise! To help achieve that goal, veteran sniping instructor and competitive long-range shooter Eduardo Abril de Fontcuberta has collected dozens of exercises from elite military and police sniping programs and organized them into a complete training course. Now, snipers, instructors, and even civilian long-range target shooters can develop and assess their performance, individually or as a unit, and meet the standards of the best snipers in the world.

The exercises in this book—from the U.S. Marines and U.S. Army, U.S. Navy SEALs, Spanish Foreign Legion, Swedish Marines, Gunsite, Snipercraft, and many other top sniping programs—cover the entire spectrum of the professional sniper's skill set, including:

- close-range and known-distance shooting—testing cold-bore zeros, target identification, knowing your limits . . .
- long-range shooting—range estimation, ballistics and wind reading, hard-target interdiction . . .
- complex and skills-oriented exercises—accuracy under stress, simultaneous engagements, shooting through glass, angle shooting, shooting through loopholes . . .
- nonshooting requirements—communications, camouflage and observation, land navigation, tactical medicine, survival and tracking . . .

The author wraps up with his recommendations for sniper competitions, schools, instructors, and equipment. Whether you need stand-alone training drills or a complete course in tactical marksmanship, you will get it with the exercises in this book.

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Editorial Review

About the Author
Eduardo Abril de Fontcuberta gained international recognition as one of the world's leading experts on sniping and long-range shooting. Through his work as sniper instructor for various NATO and allied countries, his successes in international long-range competition, and his articles and books in the United States, he has gained a position among the foremost authorities on sniping, special operations weaponry, and survival. He worked with John Plaster to make **The Ultimate Sniper** available in Spanish.

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