

Advanced Chakra Healing

By Cyndi Dale

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Advanced Chakra Healing By Cyndi Dale

Chakras-the energy centers within each of us-are the secret to our ability to act spiritually. By working with spiritual energy fields, you can find and express your free, unblocked, inner self, and discover health and happiness in the process. ADVANCED CHAKRA HEALING is a hands-on guidebook with step-by-step methods for removing internal energy blocks that manifest as confusion, stress, addictions, low self-esteem, money and relationship problems, depression, and chronic pain or illness. Building on her work in the best-selling *New Chakra Healing*, Cyndi Dale introduces her revolutionary "energy mapping" system, an accessible approach to determining and diagramming the causes of an energy problem and using energetic means to solve or shift it. With ADVANCED CHAKRA HEALING you can achieve your true purpose by healing the whole you-body, mind, and soul.

An indispensable advanced manual for applying the chakra philosophy in diagnosing and healing energy issues and problems.

A leading resource for energy experts, energy healers, and self-care aficionados.

The follow-up book from the internationally-known author of *New Chakra Healing*.

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Editorial Review

Review
Cyndi Dale has a gift for showing people how to transform spiritual philosophies into practical, everyday processes. Her wonderful books teach us how to heal our minds, bodies, and souls, and to ultimately create the life we desire. -Tina Johnson, founder and producer of Mind Body & Spirit: Creating Balance in Your Life"Cyndi Dale's insight into energy healing has the power to transform the universe."-Dr. Scott Peck and Shannon Peck, founders of The Love Center and authors of *The Love You Deserve*

From the Publisher
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About the Author
CYNDI DALE is the president of Life Systems Services, a highly successful corporation that provides organizations and individuals with intuitive-based consulting and life-issues counseling. Cyndi travels extensively leading national seminars on the intuitive energy system and how it can change your life. She resides in Minneapolis, Minnesota.

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