

Dietary Chinese Herbs: Chemistry, Pharmacology and Clinical Evidence

From Springer

Download now

Read Online

Dietary Chinese Herbs: Chemistry, Pharmacology and Clinical Evidence
From Springer

This work presents up-to-date information on chemical, pharmacological, clinical studies and historical uses of common dietary Chinese herbs. Authored by native experts in the field, the reader is introduced to each herb with a brief chronological review of Chinese literature on dietary herb uses, with chapters dedicated to each selected herb including color photos for each herb. In addition, Chinese characters as well as the Latin botanical name indices, and chemical structures for the known active compounds are also provided. The clear layout examines the health benefits that have been studied for centuries, including current clinical and toxicological data. A wide range of Traditional Chinese Medicine (TCM) herbs are investigated for their suitability into daily diets for maintaining general wellness or disease prevention. In the past decades, natural health products, dietary supplements, functional foods, or nutraceuticals have emerged in the West due to the increasing demand for non-pharmaceutical healthcare products. Traditional Chinese Medicine disease prevention and treatment incorporates the use of foods, and herbal medicine in an integrated manner, and thus the dietary Chinese herbs in used in TCM for thousands of years could be sources for developing new, effective, and safe ingredients to capture the rapidly expanding opportunity in the global market place.

Download Dietary Chinese Herbs: Chemistry, Pharmacology and ...pdf

Read Online Dietary Chinese Herbs: Chemistry, Pharmacology a ...pdf

Dietary Chinese Herbs: Chemistry, Pharmacology and Clinical Evidence

From Springer

Dietary Chinese Herbs: Chemistry, Pharmacology and Clinical Evidence From Springer

This work presents up-to-date information on chemical, pharmacological, clinical studies and historical uses of common dietary Chinese herbs. Authored by native experts in the field, the reader is introduced to each herb with a brief chronological review of Chinese literature on dietary herb uses, with chapters dedicated to each selected herb including color photos for each herb. In addition, Chinese characters as well as the Latin botanical name indices, and chemical structures for the known active compounds are also provided. The clear layout examines the health benefits that have been studied for centuries, including current clinical and toxicological data. A wide range of Traditional Chinese Medicine (TCM) herbs are investigated for their suitability into daily diets for maintaining general wellness or disease prevention. In the past decades, natural health products, dietary supplements, functional foods, or nutraceuticals have emerged in the West due to the increasing demand for non-pharmaceutical healthcare products. Traditional Chinese Medicine disease prevention and treatment incorporates the use of foods, and herbal medicine in an integrated manner, and thus the dietary Chinese herbs in used in TCM for thousands of years could be sources for developing new, effective, and safe ingredients to capture the rapidly expanding opportunity in the global market place.

Dietary Chinese Herbs: Chemistry, Pharmacology and Clinical Evidence From Springer Bibliography

- Sales Rank: #4533835 in Books
- Published on: 2015-05-20
- Original language: English
- Number of items: 1
- Dimensions: 9.21" h x 1.75" w x 6.14" l, .0 pounds
- Binding: Hardcover
- 802 pages

Download Dietary Chinese Herbs: Chemistry, Pharmacology and ...pdf

Read Online Dietary Chinese Herbs: Chemistry, Pharmacology a ...pdf

Download and Read Free Online Dietary Chinese Herbs: Chemistry, Pharmacology and Clinical Evidence From Springer

Editorial Review

From the Back Cover

This work presents up-to-date information on chemical, pharmacological, clinical studies and historical uses of common dietary Chinese herbs. A brief chronological review of Chinese literatures on dietary herb uses, with chapters dedicated to each selected dietary herb, and with plant Latin name indices is provided. Examined are the health benefits that have been studied for centuries. A wide range of Traditional Chinese Medicine (TCM) herbs are investigated for their suitability into daily diets for maintaining general wellness or disease prevention. In the past decade, natural health products, dietary supplements, functional foods, or nutraceuticals have emerged in the West due to the increasing demand for non-pharmaceutical healthcare products. Traditional Chinese Medicine disease prevention and treatment incorporates the use of foods, and herbal medicine in an integrated manner, and thus the dietary Chinese herbs in used in TCM for thousands of years could be sources for developing new, effective, and safe ingredients to capture the rapidly expanding opportunity in the global market place.

Users Review

From reader reviews:

Marcia Fullerton:

Book is to be different per grade. Book for children until eventually adult are different content. As you may know that book is very important for all of us. The book Dietary Chinese Herbs: Chemistry, Pharmacology and Clinical Evidence seemed to be making you to know about other know-how and of course you can take more information. It doesn't matter what advantages for you. The guide Dietary Chinese Herbs: Chemistry, Pharmacology and Clinical Evidence is not only giving you a lot more new information but also to get your friend when you sense bored. You can spend your personal spend time to read your publication. Try to make relationship with the book Dietary Chinese Herbs: Chemistry, Pharmacology and Clinical Evidence. You never feel lose out for everything in case you read some books.

Maryann Goldberg:

Nowadays reading books become more and more than want or need but also become a life style. This reading routine give you lot of advantages. The huge benefits you got of course the knowledge the actual information inside the book this improve your knowledge and information. The knowledge you get based on what kind of e-book you read, if you want send more knowledge just go with knowledge books but if you want feel happy read one with theme for entertaining for instance comic or novel. Often the Dietary Chinese Herbs: Chemistry, Pharmacology and Clinical Evidence is kind of guide which is giving the reader unpredictable experience.

Jessica Jennings:

Information is provisions for those to get better life, information presently can get by anyone on everywhere. The information can be a knowledge or any news even a problem. What people must be consider whenever those information which is from the former life are challenging be find than now could be taking seriously which one is suitable to believe or which one often the resource are convinced. If you obtain the unstable resource then you obtain it as your main information it will have huge disadvantage for you. All those possibilities will not happen inside you if you take Dietary Chinese Herbs: Chemistry, Pharmacology and Clinical Evidence as your daily resource information.

Maurice Lamothe:

Are you kind of busy person, only have 10 or perhaps 15 minute in your morning to upgrading your mind skill or thinking skill also analytical thinking? Then you are having problem with the book than can satisfy your small amount of time to read it because this all time you only find book that need more time to be examine. Dietary Chinese Herbs: Chemistry, Pharmacology and Clinical Evidence can be your answer given it can be read by you who have those short spare time problems.

Download and Read Online Dietary Chinese Herbs: Chemistry, Pharmacology and Clinical Evidence From Springer #UPDI2TKZ1XO

Read Dietary Chinese Herbs: Chemistry, Pharmacology and Clinical Evidence From Springer for online ebook

Dietary Chinese Herbs: Chemistry, Pharmacology and Clinical Evidence From Springer Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Dietary Chinese Herbs: Chemistry, Pharmacology and Clinical Evidence From Springer books to read online.

Online Dietary Chinese Herbs: Chemistry, Pharmacology and Clinical Evidence From Springer ebook PDF download

Dietary Chinese Herbs: Chemistry, Pharmacology and Clinical Evidence From Springer Doc

Dietary Chinese Herbs: Chemistry, Pharmacology and Clinical Evidence From Springer Mobipocket

Dietary Chinese Herbs: Chemistry, Pharmacology and Clinical Evidence From Springer EPub