

Living Shamanism: Unveiling the Mystery

By Julie Dollman

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De-mystify modern shamanism as we undertake an alchemical healing and transformational journey of sacred self-discovery.

Julie Dollman shares her own experiences as she embarks on a difficult, challenging and wondrous journey into the world of shamanism, emerging with some amazing and simple tools, a sense of belonging and most importantly, a wondrous connection to the natural world that we all live in. Living Shamanism will appeal to those who are looking for an alternate way to tackle day-to-day issues they are experiencing and to those that are seriously considering a lifestyle change.

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Editorial Review

Review

‘Living Shamanism’ is an inspiring journey into the most ancient spiritual path on the planet. It demystifies the shamanic way and reveals how this ancient wisdom and practise can reconnect you to an authentic relationship with yourself, your community, the earth and with the cosmos.
--**Steve Nobel, Director** - Alternatives Piccadilly -

About the Author

Julie Dollman is a Shamanic Healer who trained and graduated with the Four Winds Society back in 2005. She now works as a full-time shamanic practitioner in rural Ireland and has done so since leaving full-time work as a crime analyst in England in 2006.

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