

The Chronic Cough Enigma: How to recognize, diagnose and treat neurogenic and reflux related cough

By Jamie A. Koufman M.D. F.A.C.S.

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If you have confusing and unexplained breathing problems or your asthma has not responded to treatment, this book is for you. The Chronic Cough Enigma is written for people who have been coughing for months or years and cannot get useful answers from their doctors.

More than 20 million Americans suffer from what is known as enigmatic chronic cough. This book provides insights from Dr. Jamie Koufman's almost forty years of successfully managing thousands of long-suffering cough patients. Indeed, the typical chronic cough patient who comes to her office has been coughing for more than a decade. This book provides the many who suffer from chronic cough new and potentially life-changing information and the potential to be cured.

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Editorial Review

Review
Congratulations! The Chronic Cough Enigma really packs a punch. Like Dropping Acid: The Reflux Diet Cookbook & Cure, this book is very clearly written. You do an excellent job of explaining some fairly sophisticated medical concepts. That's important, because most patients want to be educated but not talked down to. When I wasn't furious at the medical establishment in general and my GI doc and his ASC in particular, I actually enjoyed reading it and learned a lot. I know that you became a doctor because you wanted to help people, and this book will help many, many people. (Elizabeth Bachman, patient)

“After ten-years of seeking a cure for my chronic cough, Dr. Koufman finally has me on the road to recovery. Her practice of what she calls *integrated aerodigestive medicine* puts all the pieces of the puzzle together in a most logical and innovative way.” (Nancy Lieberman (Dr. Koufman’s patient))

“Congratulations to you on *The Chronic Cough Enigma*; it is first rate. I will recommend it to my residents and to my patients." (Robert T. Sataloff, M.D., D.M.A., F.A.C.S.)

About the Author
Dr. Jamie Koufman is one of America’s leading laryngologists and has lectured widely nationally and internationally. With three decades of clinical and bench research focused on the diagnosis, treatment, cell biology, and epidemiology of reflux, Dr. Koufman is one of the world’s authorities on reflux disease. She coined the terms laryngopharyngeal reflux, silent reflux, and airway reflux. She is a New York Times best selling author for Dropping Acid: The Reflux Diet Cookbook &Cure. Dr. Koufman is the Founder and Director of the Voice Institute of New York, a comprehensive voice treatment center. She was a pioneer of laryngeal framework surgery, minimally-invasive laryngeal laser surgery, laryngeal electromyography, and transnasal esophagoscopy. Dr. Koufman is Professor of Clinical Otolaryngology at the New York Eye and Ear Infirmary of the New York Medical College, and she also has surgical privleges at the Beth Israel and Lenox Hill Hospitals. Dr. Koufman has received the Honor Award and the Distinguished Service Awards of the American Academy of Otolaryngology?Head and Neck Surgery, the Broyles-Maloney Award of the American Broncho-Esophagological Association, and the Casselberry and Newcomb Awards of the American Laryngological Association. The latter is a Lifetime Achievement Award for research and publications in Laryngology. Dr. Koufman has been listed among the Top Doctors in America every year since 1994.

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