

At Home with Madhur Jaffrey: Simple, Delectable Dishes from India, Pakistan, Bangladesh, and Sri Lanka

By Madhur Jaffrey

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For all who love the magical flavors of good Indian cooking and want to reproduce effortlessly some of the delectable dishes from that part of the world, here is a groundbreaking book from the incomparable Madhur Jaffrey that makes it possible. By deconstructing age-old techniques and reducing the number of steps in a recipe, as well as helping us to understand the nature of each spice and seasoning, she enables us to make seemingly exotic Indian dishes part of our everyday cooking.

• First, she tantalizes us with bite-size delights to snack on with drinks or tea.

• A silky soup is mellowed with coconut milk; a spinach-and-ginger soup is perfumed with cloves.

• Fish and seafood are transformed by simple rubs and sauces and new ways of cooking.

• A lover of eggs and chicken dishes, Jaffrey offers fresh and easy ways to cook them, including her favorite masala omelet and simple poached eggs over vegetables. There's chicken from western Goa cooked in garlic, onion, and a splash of vinegar; from Bombay, it's with apricots; from Delhi, it's stewed with spinach and cardamom; from eastern India, it has yogurt and cinnamon; and from the south, mustard, curry leaves, and coconut.

• There is a wide range of dishes for lamb, pork, and beef with important tips on what cuts to use for curries, kebabs, and braises.

• There are vegetable dishes, in a tempting array—from everyday carrots and greens in new dress to intriguing ways with eggplant and okra—served center stage for vegetarians or as accompaniments.

• At the heart of so many Indian meals are the *dals*, rice, and grains, as well as the little salads, chutneys, and pickles that add sparkle, and Jaffrey opens up a

new world of these simple pleasures.

Throughout, Madhur Jaffrey’s knowledge of and love of these foods is contagious. Here are the dishes she grew up on in India and then shared with her own family and friends in America. And now that she has made them so accessible to us, we can incorporate them confidently into our own kitchen, and enjoy the spice and variety and health-giving properties of this delectable cuisine.

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Editorial Review

From Publishers Weekly
Starred Review. Legendary chef, notable actress, and prolific author Jaffrey demystifies Indian cuisine for the home cook in this appealing and flavorful collection. Jaffrey highlights dishes that are simple, straightforward, and ideal for time-pressed cooks by utilizing simpler methods and fewer steps than traditionally used. Her recipes hail mostly from India but also from southern Asia and reflect the diversity of this large geographical area. From chickpeas for nibbling or chicken mulligatawny soup to eggplant with fennel and cumin, she showcases easy-to-make dishes with readily accessible ingredients. She offers a wide array of fish and seafood dishes including spicy stir-fry shrimp, mussels in a creamy coconut sauce, and squid curry. Jaffrey also includes chapters on eggs and poultry, meat, rice and grains, and desserts. Not surprisingly, sections on vegetables, dal, and chutneys are especially tantalizing, with South Indian–style green beans, potato chaat with variations, green lentils with green beans and cilantro, black-eyed peas with butternut squash, and peanut chutney with sesame seeds. With more than 30 color photos, this book is as attractive as it is appetizing, and Jaffrey's legions of fans will eagerly embrace her newest compilation.
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From Booklist
Jaffrey adds to her already considerable output with a very attractive new cookbook of easily prepared, thoughtful, and unusual dishes from India, Pakistan, Bangladesh, and Sri Lanka. Anyone looking to explore Indian cooking for the first time will find this volume uniquely helpful. Jaffrey limits ingredients in most recipes to fewer than a dozen, and she restrains the range of required spices to a small handful that can generally be bought in any decently stocked supermarket. In addition to the sorts of stewed vegetable dishes typical of Indian cooking, there are meat and seafood offerings less generally recognized. Lamb shanks braise in an aromatic sauce. She even offers pork sausage patties. Cooks who don’t ordinarily consider Indian cuisine at home may be intrigued by Jaffrey’s inventory of appetizers such as spicy popcorn and perfumed almonds, which present unexpected flavors that will wow as preprandial snacks or between-meal munchies. --Mark Knoblauch

Review
"A handsome book, clearly laid out and easy to follow. Classic Jaffrey, and a steal at the price" -- Guy Dimond Time Out "A true classic - fresh, intelligent and simply scrumptious. Even in an unusually strong year for cookbooks, Jaffrey's quality shines through." -- Bee Wilson Sunday Times "Transforms Indian food into something relatively speedy to prepare at home. This would be a good one for the culinary aware student." -- Carolyn Hart Telegraph Magazine "If you have the local curry house menu by your phone, consider replacing it with a copy of this book. Madhur is totally trustworthy and these recipes use readily available ingredients to whip up delicious curries in less time than it takes to deliver." -- Sally Hughes BBC Good Food "As readable and useable as it is beautiful." Delicious Magazine

Users Review

From reader reviews:

Erwin Fast:

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knowledge to make all of them keep up with the era that is always change and move ahead. Some of you maybe will update themselves by examining books. It is a good choice for you personally but the problems coming to anyone is you don't know which one you should start with. This At Home with Madhur Jaffrey: Simple, Delectable Dishes from India, Pakistan, Bangladesh, and Sri Lanka is our recommendation to cause you to keep up with the world. Why, as this book serves what you want and need in this era.

Henry Evans:

Nowadays reading books be a little more than want or need but also work as a life style. This reading addiction give you lot of advantages. Advantages you got of course the knowledge the actual information inside the book this improve your knowledge and information. The knowledge you get based on what kind of publication you read, if you want drive more knowledge just go with education and learning books but if you want feel happy read one using theme for entertaining for example comic or novel. The particular At Home with Madhur Jaffrey: Simple, Delectable Dishes from India, Pakistan, Bangladesh, and Sri Lanka is kind of reserve which is giving the reader unstable experience.

Joseph Barnett:

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