

Handbook of Cognitive-Behavior Group Therapy with Children and Adolescents: Specific Settings and Presenting Problems

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This *Handbook* offers a much-needed resource of theoretical knowledge, evidence-based interventions, and practical guidelines for professionals providing group psychotherapy to youth clients.

Written by leading professionals in the field of child and adolescent cognitive-behavioral therapy, this comprehensive volume offers readers a collection of innovative and well established approaches for group interventions with youth in a variety of treatment settings.

It addresses a wide range of issues, not limited to assessment, group member selection, and specific protocols and strategies that readers can implement in their own practice. Integrating theoretical and practical aspects, leading experts offer their experience through case examples and vignettes, suggesting guidelines for overcoming inherent treatment obstacles.

This *Handbook* provides not only a framework for delivering effective group therapy, but also highlights specific problem areas, and it is an invaluable reference for professionals providing therapeutic intervention to children and adolescents.

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Editorial Review

Review

"This book would be a good read for any school psychologist who will be doing therapy with students, regardless of their knowledge of CBGT." **-Dan Seaman, NCSP in *Communiqué,* Volume 36, Issue #8.**

"The handbook is a very useful resource in outlining group programmes (e.g. adolescent coping with depression, with free download of the manuals and workbooks) and outlining the modules of a programme."

-Anna Solly, Clinical Psychologist, *Behavioural & Cognitive Psychotherapy Journal,* Vol. 36, 2008

"Although handbooks abound, relatively few are available for group therapy and group work. This excellent handbook helps meet the gap….sensibly organized…The quality of the chapters is high and fairly consistent, which is a tribute to the fine work of the editors…Much is to be learned from this significant handbook…highly recommended to practitioners who wish to use CGBT with children and adolescents, as well as scholars and researchers who wish to study and understand this efficient, effective, and versatile group treatment modality. This handbook will be very useful to social workers who wish to employ the CGBT approach with children and youth."

– Steven R. Rose, *Social Work with Groups*

About the Author

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This Handbook of Cognitive-Behavior Group Therapy with Children and Adolescents: Specific Settings and Presenting Problems are reliable for you who want to certainly be a successful person, why. The explanation of this Handbook of Cognitive-Behavior Group Therapy with Children and Adolescents: Specific Settings and Presenting Problems can be among the great books you must have is definitely giving you more than just simple reading food but feed you actually with information that perhaps will shock your before knowledge. This book is handy, you can bring it all over the place and whenever your conditions throughout the e-book and printed ones. Beside that this Handbook of Cognitive-Behavior Group Therapy with Children and Adolescents: Specific Settings and Presenting Problems forcing you to have an enormous of experience for instance rich vocabulary, giving you trial run of critical thinking that could it useful in your day exercise. So , let's have it and revel in reading.

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