

Rice, Noodle, Fish: Deep Travels Through Japan's Food Culture

By Matt Goulding

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2016 Travel Book of the Year by the Society of American Travel Writers

Finalist for the 2016 IACP Awards: Literary Food Writing

Named one of the *Financial Times'* "Best Books of 2016"

An innovative new take on the travel guide, *Rice, Noodle, Fish* decodes Japan's extraordinary food culture through a mix of in-depth narrative and insider advice, along with 195 color photographs. In this 5000-mile journey through the noodle shops, tempura temples, and teahouses of Japan, Matt Goulding, co-creator of the enormously popular *Eat This, Not That!* book series, navigates the intersection between food, history, and culture, creating one of the most ambitious and complete books ever written about Japanese culinary culture from the Western perspective.

Written in the same evocative voice that drives the award-winning magazine Roads & Kingdoms, *Rice, Noodle, Fish* explores Japan's most intriguing culinary disciplines in seven key regions, from the kaiseki tradition of Kyoto and the sushi masters of Tokyo to the street food of Osaka and the ramen culture of Fukuoka. You won't find hotel recommendations or bus schedules; you will find a brilliant narrative that interweaves immersive food journalism with intimate portraits of the cities and the people who shape Japan's food culture.

This is not your typical guidebook. *Rice, Noodle, Fish* is a rare blend of inspiration and information, perfect for the intrepid and armchair traveler alike. Combining literary storytelling, indispensable insider information, and world-class design and photography, the end result is the first ever guidebook for the new age of culinary tourism.

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Editorial Review

Review
“[Goulding] manages to be entertaining, informative and inspirational as he recounts his many meals in one of the world’s most popular food destinations….[his] gift for phrasing and razor-sharp prose elevate what could have been yet another rote travelogue into something much better.” (Publishers Weekly (starred review))

“*Rice, Noodle, Fish* isn’t just a travel document…it’s a literary exploration of just what makes Japan the place that food lovers lay awake at night and dream of.” (Men’s Journal)

“Whether you’re the sort of person who brakes for a new ramen-ya or a neophyte who still thinks that a California roll is an acceptable sushi bar order, you’ll have fun, learn some things—and probably start looking up flights to Narita on Kayak after reading a few pages.” (Los Angeles Times)

“The world needs Roads & Kingdoms. It needs this book.” (Anthony Bourdain)

“A food connoisseur expertly unravels the intricate dance surrounding food in Japan” (Kirkus Reviews)

“Goulding successfully illuminates the vast and deep yet acute and precise palatal scale that is Japanese cuisine—using words. Encompassing Japan’s seven key regions, the author peels back the layers of access and entry, tradition, and history through the lens of food [in] this new breed of travel book.” (Library Journal (starred review))

“Refusing to claim either expert or insider status makes Goulding both a fantastic and relatable narrator,...and his unique, impeccably observed meals make the book a page turner.” (Eater.comEater.com)

“The book reads like more of a travelogue than a true travel guide. And that’s what makes it so refreshing. Goulding leaves you not just thoroughly informed about Japan’s culinary culture, but craving it. The result is enjoyable to read whether or not you have any travel planned.” (Associated Press)

“If this is the future of food writing, I love it.” (Tim Hayward, *Financial Times*)

From the Back Cover

The world needs Roads & Kingdoms. It needs this book.
Anthony Bourdain

An innovative new take on the travel guide, *Rice, Noodle, Fish* decodes Japan's extraordinary food culture through a mix of in-depth narrative and insider advice, along with 195 color photographs. In this five-thousand-mile journey through the noodle shops, tempura temples, and teahouses of Japan, Matt Goulding, co-creator of the enormously popular *Eat This, Not That!* book series, navigates the intersection of food, history, and culture, creating one of the most ambitious and complete books ever compiled from the Western perspective about the Japanese culinary landscape.

Written in the same evocative voice that drives the award-winning magazine Roads & Kingdoms, *Rice,*

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This is not your typical travel guide. *Rice, Noodle, Fish* is a rare blend of inspiration and information, perfect for the intrepid journeyman and armchair traveler alike. Combining literary storytelling, indispensable insider information, and world-class design and photography, the result is the first-ever guidebook for the new age of culinary tourism.

About the Author

Matt Goulding is editor and cofounder of *Roads & Kingdoms*, the former food editor of *Men's Health*, and the coauthor of the *New York Times* bestselling series Eat This, Not That! He is a James Beard Award winner and has also written for *Harper's Magazine*, the *Wall Street Journal*, the *New York Times*, *Food & Wine Magazine*, and *Time* magazine. He divides his time between the tapas bars of Barcelona and the barbecue pits of North Carolina.

Users Review

From reader reviews:

Brian Lopez:

Information is provisions for those to get better life, information these days can get by anyone in everywhere. The information can be a understanding or any news even an issue. What people must be consider when those information which is inside former life are hard to be find than now is taking seriously which one is suitable to believe or which one typically the resource are convinced. If you get the unstable resource then you get it as your main information you will see huge disadvantage for you. All those possibilities will not happen within you if you take Rice, Noodle, Fish: Deep Travels Through Japan's Food Culture as your daily resource information.

Wilma Baca:

The book with title Rice, Noodle, Fish: Deep Travels Through Japan's Food Culture contains a lot of information that you can learn it. You can get a lot of help after read this book. This specific book exist new understanding the information that exist in this guide represented the condition of the world currently. That is important to yo7u to learn how the improvement of the world. This specific book will bring you within new era of the syndication. You can read the e-book with your smart phone, so you can read the idea anywhere you want.

Kevin Hardy:

Rice, Noodle, Fish: Deep Travels Through Japan's Food Culture can be one of your nice books that are good idea. We recommend that straight away because this guide has good vocabulary that could increase your

knowledge in words, easy to understand, bit entertaining but nevertheless delivering the information. The author giving his/her effort that will put every word into joy arrangement in writing Rice, Noodle, Fish: Deep Travels Through Japan's Food Culture nevertheless doesn't forget the main stage, giving the reader the hottest as well as based confirm resource information that maybe you can be among it. This great information may drawn you into new stage of crucial pondering.

Heather Delph:

The book untitled Rice, Noodle, Fish: Deep Travels Through Japan's Food Culture contain a lot of information on that. The writer explains the woman idea with easy way. The language is very straightforward all the people, so do definitely not worry, you can easy to read this. The book was written by famous author. The author provides you in the new time of literary works. It is easy to read this book because you can read on your smart phone, or device, so you can read the book with anywhere and anytime. If you want to buy the e-book, you can open up their official web-site and also order it. Have a nice study.

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