

Cutting More Ties That Bind

By Phyllis Krystal

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This is the sequel to Cutting the Ties that Bind and contains advanced information that can be used to release ourselves from more complex systems that program behaviour. These include familiar and national custom things we do without even thinking about them. This is the book that will make us see what we are doing; it will help us release thought forms; it will help us be the kind of parents we wish we had! This is a book of effective self- awareness that opens the door to a lifestyle of self-assured and happy people.

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Editorial Review

About the Author
Phyllis Krystal, born in England, is a practising psychotherapist who has developed a unique approach to therapy using symbols and visualization techniques to help clients detach from external authority figures and patterns. She teaches people to rely on their own Higher Consciousness as guide and teacher. Phyllis lectures in the United States, Europe, Australia, New Zealand, and Tazmania. She is also a devotee of Sathya Sai Baba, the world-renowned avatar living in India, whose teachings and personal influence offer her inspiration in her own work. Phyllis has written several best-selling books, including Cutting the Ties That Bind, Cutting More Ties That Bind, Reconnecting the Love Energy, Sai Baba: The Ultimate Experience, and Taming Our Monkey Mind the Indian edition of the first two published by Sai Towers Publishing.

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