


# Journal of a Solitude

*By May Sarton*

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**Journal of a Solitude** By May Sarton

**In this, her bestselling journal, May Sarton writes with keen observation and emotional courage of both inner and outer worlds: a garden, the seasons, daily life in New Hampshire, books, people, ideas?and throughout everything, her spiritual and artistic journey.**

"I am here alone for the first time in weeks," May Sarton begins this book, "to take up my 'real' life again at last. That is what is strange?that friends, even passionate love,are not my real life, unless there is time alone in which to explore what is happening or what has happened." In this journal, she says, "I hope to break through into the rough, rocky depths,to the matrix itself. There is violence there and anger never resolved. My need to be alone is balanced against my fear of what will happen when suddenly I enter the huge empty silence if I cannot find support there."

In this book, we are closer to the marrow than ever before in May Sarton's writing.

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## Editorial Review

Review
“This journal is not only rich in the love of nature and the love of solitude. It is an honorable confession of the writer's faults, fears, sadness, and disappointments. . . . On the surface, *Journal of a Solitude* is a quiet book, but if you will read it carefully you will be aware of violent needs and a valiant warrior who has battled every inch of the way to a share of serenity. This is a beautiful book, wise and warm within its solitude.” (Eugenia Thornton - Cleveland Plain Dealer)

About the Author
May Sarton (1912-1995) was an acclaimed poet, novelist, and memoirist.

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