

Manual Therapy: Nags, Snags, MWMs, etc - 6th Edition (853-6)

By Brian R Mulligan

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This sixth edition text contains revised information including Mobilisations with Movement (MWMs) for the shoulder girdle. When applied correctly, they can significantly reduce joint pain and increase movement. They're also highly effective treatments for patients with pain or stiffness of Cx 5/6 and Cx 6/7 origin. This book is a must for physical therapists working in the musculoskeletal field. Written by one of the world's foremost experts of manual therapy, Brian Mulligan. Illustrated. Softcover; 132 pages.

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Editorial Review

About the Author
Brian Mulligan, FNZSP, Dip MT
Brian originated and developed the concept of combining accessory mobilizations with physiological movements in the extremities (MWMs). In the spine, he promotes the use of natural apophyseal glides (NAGs) and sustained natural apophyseal glides (SNAGs). Brian Mulligan received a prestigious "International Service to the Profession Award" from the WCPT and has been an international lecturer in manual therapy since 1972.

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