

My Gratitude and Dream Journal: A beautiful journal with magical art and inspiring quotes for kids, teens and adults

By Sheleen Lepar, Helene Pam

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**** The perfect gift for the children in your life. ****

Capture your gratitude, feelings, and dreams. Be inspired by quotes and magical scenes. Have positive thoughts, be brave, be bold, and watch to see life's wonders unfold.

My Gratitude and Dream Journal will enable you to discover the power of gratitude, dreams, and positive thinking. It is full of meaningful, inspirational quotes by author Helene Pam, beautiful, colorful art by illustrator Sheleen Lepar, and line-free spaces for you to express your many reflections through words, drawings, or pictures.

It is a perfect journal for you to heighten your appreciation for the simple wonders in life, for exciting life changes, and for the people around you. It will help attract and manifest what you truly want, and ultimately contribute to a life of awareness, spiritual growth, love, and happiness.

It is the perfect gift for kids, teens and even adults, for all life events including Birthdays, Valentine's Day, Mother's Day, Thanksgiving, Christmas, Holidays, pregnancy, hard times, other life changes…or just to show your gratitude to your loved ones, including yourself.

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Editorial Review

About the Author

This mom and daughter team is on a mission to spread happiness and inspire young minds. Through Helene Pam’s inspirational words and wisdom and Sheleen Lepar’s beautiful illustrations and vision, they create products and experiences that touch the hearts and minds of children around the world. They love teaching children to become deep thinkers, helping them to find the confidence to believe in themselves, and empowering them to achieve anything they set their minds to. Their hope is also to inspire them to help others and the world in the process.

Their products include “My Gratitude and Dream Journal”, Amazon Best-Selling Journal; “My Happy Journal", a self-reflection and personal growth journal; and “Happy Bus", a children’s picture book.

For more information, please visit www.PurpleSplashStudios.com, like @PurpleSplashStudios on Facebook, or follow @PurpleSplashS on Twitter.

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Freddie Straughter:

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