

Ericksonian Approaches - Second Edition: A Comprehensive Manual

By Rubin Battino, Thomas L. South

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Editorial Review

Review
There can be no dispute-this book is an outstanding manual on the art and practice of Ericksonian hypnotherapy. --The Hypnotherapist

About the Author
Rubin Battino MS has a private practice and is also Adjunct Professor for the Department of Human Services at Wright State University. He has over ten years of experience as a facilitator in a Bernie Siegel style support group, is President of the Milton H. Erickson Society of Dayton and was co-chair of a committee to establish certification standards for training in Ericksonian hypnotherapy. Thomas L. South has a PhD in clinical psychology and has taught courses in Ericksonian hypnotherapy at the University of Dayton and at Wright State University. He is a founder and first president of the Milton H. Erickson Society of Dayton, Ohio.

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Hypnosis is as old as the human race. The phenomenon known as hypnosis has existed since the beginning of recorded history, as found in the folklore of ancient cultures. In ancient times, as well as in the "primitive" tribes of today, it has been and continues to be associated with religious ceremonies, magic, the supernatural, and the occult. The ancient Egyptians and Greeks had dream centers (Udolf, 1981) where people came to fast and pray with the hope that their dreams could be interpreted so as to solve their problems and give them guidance. Under these circumstances their dreams were probably hypnotically induced. Even today, Hindu medicine men practice their ageless forms and variations of hypnosis for healing purposes. Magicians in the time of Genghis Khan (Erickson and Rossi, 1980, Vol. III, p. 3) practiced group suggestion to obtain visual and auditory hallucinations. According to Marco Polo, medieval men used hypnosis in mystic rites to produce fear and to intensify beliefs in the supernatural and the occult. With this long history of supernaturalism and mysticism, it is no wonder that the general public's attitude toward hypnosis, as well as that of many professionals, has been and, to a certain extent, still is one of misunderstanding, antagonism and fear.

Users Review

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