

Human Sexuality: A Contemporary Introduction

By Caroline Pukall

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Human Sexuality: A Contemporary Introduction helps students to understand the many perspectives from which human sexuality can be studied. It is the first ground-up Canadian text in this discipline and is skilfully interdisciplinary in its approach. The editor and contributors fuse a biological perspective with important perspectives gained from social and cultural issues, incorporating the latest Canadian research, clinical practice issues, and other up-to-date developments in the field.

Written by leading Canadian instructors, researchers, and clinicians in the field, this introduction to human sexuality offers a wealth of contemporary perspectives and a diversity of views. Some of the many topics covered include sexually transmitted infections, sexual orientations, pregnancy and childbirth, and sexually explicit media. Furthermore, a unique stand-alone chapter on communication as well as two chapters devoted to variations in sexual behaviour and sexual dysfunction make this text unique and highly attractive to a broad range of students. Current discussions surrounding contemporary issues facing young adults-such as sexting, the HPV vaccine, Internet pornography, and safer sex negotiation-are also presented.

Sometimes shocking and often remarkable, the material throughout is always practical, highly informative, and very contemporary. By offering an even distribution of traditional biological and clinical subject matter for psychology students in combination with key social content for non-majors, this ground-breaking book is an invaluable resource for all students studying human sexuality.

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Review
"I have never encountered such a comprehensive textbook on human sexuality, spanning biomedical issues, love and intimacy, sexual difficulties, sexual violence and education, in addition to developmental milestones such as pregnancy and childbirth. I will definitely recommend this book to all my students!"
--Sophie Bergeron, Universite de Montreal

"A refreshing and comprehensive Human Sexuality textbook with unique contributed chapters from Canadian experts that highlight a wide array of innovative Canadian sexuality research. An indispensable tool for teaching!"
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"Pukall has assembled a comprehensive collection of topics crucial for a course in human sexuality written from an authentically Canadian perspective. Diversity and debate are interwoven throughout each chapter, situating the topics appropriately within contemporary Canadian issues. This definitive text will surely be on my bookshelf."
--Lori Brotto, University of British Columbia

About the Author

Caroline Pukall, *Associate Professor, Department of Psychology, Queen's University*

Caroline Pukall is an associate professor in the Department of Psychology at Queen's University. Caroline is also the director of the sex therapy service at the psychology clinic at Queen's University, through which she trains and supervises clinical psychology graduate students in sex and couple therapy. Among other published works, Caroline has over 30 articles in peer-reviewed journals and has written numerous book chapters. She is the co-editor of a professional book entitled *Female Sexual Pain Disorders: Evaluation and Management* (Wiley-Blackwell, 2009); a co-author of *When Sex Hurts: A Woman's Guide to Overcoming Sexual Pain* (Da Capo Press, 2011); an associate editor for *The Journal of Sexual Medicine*; and a member of several university-based committees and professional organizations.

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