

Bombshell: Explosive Medical Secrets That Will Redefine Aging

By Suzanne Somers

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For the millions of fans who've made Suzanne Somers a bestselling author for years: the huge numbers of boomers and the post-40 crowd of health consumers interested in aging gracefully, successfully, and beautifully

This groundbreaking new book aims to redefine aging as we know it. And who better to do it than Suzanne Somers, bestselling phenomenon, health pioneer, and the face of anti-aging medicine. Here she interviews future medicine's best and brightest to craft a plan that will reshape the way we treat, approach, and think about aging. Forget anti-aging; this is the next step: embracing it, looking forward to it, and enjoying it. Definitely "pro"-aging.

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Editorial Review

About the Author

SUZANNE SOMERS is the author of twenty-two books, including the #1 *New York Times* bestsellers *Sexy Forever*, *Knockout,* and *Ageless*, and the *New York Times* bestsellers *Breakthrough; Keeping Secrets; Eat Great, Lose Weight; Get Skinny on Fabulous Food; Eat, Cheat, and Melt the Fat Away; Suzanne Somers' Fast and Easy;* and *The Sexy Years*. Somers can be seen in her weekly talk show, *The Suzanne Show,* on the Lifetime Network and in *Suzanne Somers Breaking Through*, her YouTube talk show hosted by CafeMom. Visit www.suzannesomers.com for more information on her shows, products, and her phenomenally successful weight loss plan, Sexy Forever.

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Martha Skaggs:

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